### **Lothians Conservation Volunteers**

In support of the Scottish Wildlife Trust

Spring 2011 Issue 153



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## Lothians Conservation Volunteers

www.lcv.org.uk

It's time to write co-ordinator's comments once again so it must be spring. About time too. It's not been an easy winter for anyone and LCV is no exception. For much of December I was cursing the knack the weather seemed to have for heavy snow on Saturday night. Fortunately however, extra efforts by several people meant that the bus could get in and out of the garage when required, and cars were available when we needed them. Thanks to all who pitched in. It is to LCV's credit that so many tasks were able to go ahead as planned.

Of course it's not been all weather related complications. Since New Year we've had our garage rewired, our tap repaired—thanks Ken!—and managed a packed task programme including trips to two interesting new sites, Yellow Craig Wood near Stirling—no, not in East Lothian—and Easter Inch Moss in West Lothian—more on this later.

Anyway, now that the snowdrops and crocuses are well away let's hope that we have seen the absolute last of the inclement weather and look forward to the next quarter. There are lots of lovely jobs to do before the birds start nesting in earnest.



### Lothians Conservation Volunteers

We are a Scottish Charity, run entirely by volunteers, and we've been doing conservation work in and around Edinburgh for forty years.

We belong to the BTCV Community Network. Our funding comes from the clients that we work for, and also by grants from organisations like Scottish Wildlife Trust and Scottish Natural Heritage.

Scottish charity number SC020384



Supported by grant aid from Scottish Natural Heritage.

#### The Editor Writes...



Was it my imagination or did Edinburgh turn into Narnia for a few weeks around Christmas time? One minute I was rummaging in the back of my wardrobe for my LCV snood, the next...What an extraordinary winter. I hope this issue finds you all warm and well. Spring is at last springing—we hope—and changes are afoot. We are just back from the Taynish residential and I for one am really looking forward to longer days and warmer weather.

You'll find all the usual essential information on forthcoming tasks and social events in this issue, in addition to an informative piece about LCV's experiences at one of our new sites—Easter Inch Moss. In our social programme there are details of a ranger-led night walk at Easter Craglockart Hill in early May for those of you with an interest in creatures of the night. Thanks to all committee members who have helped to put the spring programmes together.

This is your newsletter, and contributions from all LCV members are welcome. Most formats can be accommodated—handwritten, drawn, photographed, electronic. Just get in touch with the editor **by May 25** if you have something you'd like to see included in the next issue.

## **Task Programme**

#### March 20

#### Spottiswoode: tree planting

Dr David Long from the Royal Botanic Gardens owns land near Lauder that originally contained large areas of spruce plantation. He has gradually removed the spruce and replaced it with natural broadleaf woodland to increase biodiversity. LCV has visited Spottiswoode a number of times in the last few years, clearing and burning spruce and planting trees. On this task we will be continuing the tree planting work—planting native species on the land cleared of spruce and brash, and protecting the trees with guards and stakes.

#### **March 26 SATURDAY**

#### Addiewell: tree planting

Addiewell Bing is a long, narrow reserve of 21 hectares just south of Bathgate in West Lothian, which is leased and managed by the Scottish Wildlife Trust. It is an excellent example of how a derelict industrial site—part of the oil shale industry—can be converted into an important wildlife refuge.

Most of the reserve is covered by woodland and scrub, but there are also patches of bracken, heather, open grassland and marshy ground with a rich variety of plants and birds. Originally, the area was planted with lodgepole pine to help stabilise the steep sides of this old spoil heap. More recently, these trees have been replaced with native species including oak and ash. In the past we have felled lodgepole pine, upgraded the footpath and cleared invading broom from areas of heather. On this visit we will be planting trees.



#### March 27

#### Leadburn: tree planting/clearing

Leadburn Community Woodland was recently purchased from the Forestry Commission by a group known as the Friends of Leadburn Community Woodland. The group intend to replace the previous plantation of conifers with native trees such as silver birch, ash, oak and rowan, among others, and planting at the site has recently begun. On this visit we will be planting trees. The area is boggy in places, so wellies are recommended if you have them.

#### **April 2 SATURDAY**

#### Yellow Craig Wood: tree planting

Yellow Craig Wood is an ancient semi-natural woodland clothing the slopes of Dumyat in the Ochil Hills. The site is being managed to restore its ancient woodland character and to maintain a network of paths throughout.

On this visit we will be working with Scottish Native Woods to plant trees.

#### April 3

#### Tyninghame Links: heath management

Tyninghame Links is part of John Muir Country Park on the beautiful East Lothian coastline. With around 400 species recorded, the area is important for plants, the most common being viper's bugloss, meadow cranesbill, sea aster, thrift—also known as sea pink—and sea rocket, an important pioneer species in sand dune succession. The startlingly coloured six-spot burnet and cinnabar moths are found here and important bird species include sand martins, kittiwake, eider duck and skylark. On this visit we will be working with the East Lothian Council Ranger Service to encourage regeneration of coastal heath.

#### April 10

#### Yellow Craig Wood: pathwork

See April 2 for a description of this site. On this visit we will be working on paths to improve access.

#### April 15 - 17

#### Carrifran residential: tree planting

The Carrifran valley is a magnificent ice-carved valley in the Moffat Hills in the Southern Uplands, deforested by human activity. The 660 hectare site was bought by the Borders Forest Trust on 1st January 2000. Since then, they have been working to re-create an extensive tract of wild and largely wooded land, evoking the countryside of six thousand years ago.



The Carrifran Wildwood project has established the valley as a large reserve. The ecological restoration of the site is now proceeding; some areas will be left

to regenerate on their own and others are being planted with trees grown from tree seed native to the area. The Borders Forest Trust have planted half a million trees to date. LCV has worked at Carrifran for the past few years and are returning to continue the tree planting effort.

Bear in mind that this is a strenuous task in an upland environment in spring—please bring sturdy footwear and warm clothing. Accommodation will be in the Moffat Water Hall—a heated camping barn with toilets and a shower, as well as cooking facilities. For more information look online at www.moffatwaterhall.org. You will need to bring your own sleeping bag and mat. To book on this residential please contact Debbie our transport secretary before 13 April.

#### April 24 Bawsinch: pathwork/composter building

Bawsinch and Duddingston Loch are found on the southern edge of Holyrood Park, just below Arthur's Seat and only three kilometres from the city centre. Formerly a derelict industrial site, Bawsinch is a triangular area next to the south shore of the loch. This 26 hectare reserve, partly owned and managed by the Scottish Wildlife Trust, is a bird sanctuary and has been designated a Site of Special Scientific Interest.



The area boasts breeding and wintering wildfowl, marshland with reedbeds and willow, patches of scrub and woodland, some freshwater ponds and an area of grassland named Goose Green. In the past LCV has felled trees, cleared ponds, built log bridges and cleared invasive vegetation. On this visit we will be working on paths within the site and possibly building a composter.

#### May I Beecraigs Country Park: path construction

Beecraigs Country Park, near Linlithgow, is owned and managed by West Lothian Council. It spans 370 hectares over the Bathgate Hills and comprises a commercially active conifer plantation, a deer attraction, a loch, a caravan and camping site and a large play area. Beecraigs is navigable by several way-marked trails and offers both the shelter of deep woodland and access to fantastic

views over the Forth Valley. LCV has done a variety of tasks here, including tree planting and coppicing, drystane dyking, footpath work, boardwalk construction, bridge building and step building. On this visit we will be working on paths within the site to improve access.

#### **May 7 SATURDAY**

#### Springfield Mill: pathwork

Springfield Mill is a new site in the North Esk Valley between Loanhead and Bonnyrigg. A paper mill until the late 1960s, the site has now been reclaimed and restored as a wildlife area for use by the public. It has been seeded with wildflower mixes and planted with various native trees. Located at a bend in the River North Esk there are two seasonal ponds, areas of birch and willow woodland and grasslands. On this task we will be working on paths within the site to improve access.

#### May 8

#### Springfield Mill: pathwork

See May 7 for a description of this site and task.

#### May 15 Bawsinch: tree weeding/Himalayan balsam control

See April 24 for a description of this site. On this task we will be weeding around young trees and removing invasive Himalayan balsam.

#### May 22 Beecraigs Country Park: path construction

This will be a continuation of the task begun on May I.



#### **May 29**

#### Gullane: pirri pirri bur control

Gullane Links are part of the beautiful and dramatic coastal scenery in East Lothian, which includes sand dunes, mudflats, sandy beaches, rocky headlands, steep

cliffs and a scattering of small islands. Gullane Bay is about two miles north-east of Aberlady and is one of the finest and most popular sandy beaches within easy reach of Edinburgh. Pirri pirri bur is a low growing, evergreen perennial native to New Zealand. The plant has become invasive along parts of the East Lothian coastline, where it outcompetes native grasses on the dune system. On this task we will be helping the East Lothian Rangers remove pirri pirri bur.

#### June 5 Yellowcraig: pirri pirri bur control

Yellowcraig is situated just north of the attractive East Lothian village of Dirleton and is a Site of Special Scientific Interest. It comprises a variety of habitats, including mature and developing woodland, sand dunes, coastal grassland and rocky outcrops, as well as its long sweeping sandy beach with views to Fidra island. On this task we will be removing pirri pirri bur, to find out why please refer to the task description for May 27.

#### June II SATURDAY

Vogrie is a popular country park four kilometres south-east of Dalkeith run by Midlothian Council. About half the area is covered by woodland and scrub, with smaller patches of grassland, three ponds, an alder coppice and a conifer plantation. Over the years we have cleared the ponds, raked meadow grass, repaired part of a drystane dyke, cleared scrub, coppiced alder and planted trees. On this visit we'll be undertaking riverbank stabilisation and drainage work on Tyne Water, including removal of debris that has started to block the river's course.



#### June 12 Easter Craiglockhart Hill: meadow raking

Easter Craiglockhart Hill is above Craiglockhart Sports Centre and is one of Edinburgh's seven hills offering excellent views across the city towards the castle and Arthur's Seat. The area is owned jointly by the City of Edinburgh Council and Napier University. We will be working with the Friends of Craiglockhart Nature Trail—a local group supported by the Scottish Wildlife Trust—who have produced a management plan and a trail leaflet, and continue to manage the site for wildlife. In the past on this site LCV has put in log steps, improved the foot-

Vogrie: drainage work

path, cleared Japanese knotweed and built a nesting platform for mute swans. On this visit we will be raking up strimmed grass to continue the development of a wildflower meadow.

#### June 19 Roslin Glen: Pathwork/woodland maintenance

Roslin Glen is a 19 hectare reserve to the east of Roslin village and on the south bank of the River North Esk in Midlothian. The site is owned and managed by Midlothian Council. It is a relatively undisturbed mixed deciduous woodland largely made up of native sessile oak, wych-elm and ash, with a shrub layer of hazel and holly. There are also some introduced sycamore, beech and Norway spruce trees which are gradually being removed.

The area boasts a rich woodland flora which includes dog's mercury, ramsons, wood-rush and various ferns. Dippers and kingfishers can be seen in the fairly clean waters of the Esk. The area has been put under a Millennium Forest for Scotland grant scheme to return the woodland to a native mixture of trees such as ash, alder, oak, pine and birch. On this task, we will be tree thinning and improving access by working on drainage and paths in the glen.

#### June 25 SATURDAY

#### **Gore Glen: step construction**

Gore Glen Woodland Park is a good example of land restoration. This former coal bing has been landscaped into an attractive area for both wildlife and visitors. The park was planted in 1979 with a variety of species and is mainly woodland in character. The Gore Water runs through the park and supports kingfishers, dippers and herons. On this task we will be constructing steps to improve access within the site.

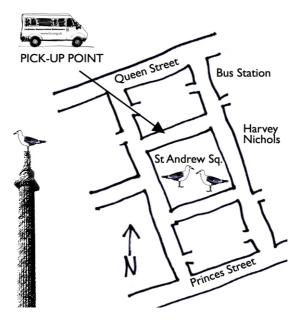
#### June 26 Beecraigs Country Park: path construction

This is a continuation of the work begun on May I.



### How to book and what to bring

#### Day tasks



We meet on the north side of St. Andrew Square at 9.30 a.m. prompt—look out for our white minibus. We normally aim to return around 5.30 p.m. Bring a woolly hat, waterproofs, a packed lunch and boots or wellies—steel toe-cap wear is recommended. If you have your own work gloves, you might want to bring them, though we do have gloves that anyone can borrow. Pack plenty of drinking water and wear warm clothes. Tea, coffee and biscuits will be provided.

Transport is free, but please phone Debbie, the Transport Secretary, by the Friday evening before the task if you are coming—this is so that we know how many tools to take, whether there's room in the minibus and so that we don't go without you. Tasks are very popular, so you're advised to book early. We also only have 12 seats in the bus, so please come if you've booked, or someone else will miss out. If the bus is full, or it's easier for you, you can of course meet us at the task site, but again please inform the Transport Secretary, so we can let you know the meeting point and also when we expect to arrive.

Before you come on any task with us, please make sure that your tetanus vaccination is up to date. We don't cancel the task if it's raining.

#### **Residential Tasks**

Residentials are great fun and they allow LCV to undertake larger tasks further from Edinburgh. They involve a weekend away to work on the Saturday and Sunday. We leave on Friday night and usually take in a chip shop on the way. We get back to Edinburgh on Sunday evening.

Regardless of the time of year, bring a complete change of clothing so that you can get out of your work clothes in the evening. Remember that the weather can be very changeable, so bring a warm jumper and hat and above all don't forget a waterproof jacket and trousers and sturdy footwear. A sturdy bottle for drinking water is recommended. Unless otherwise indicated you'll probably need to take a sleeping bag and, if sleeping on the floor, a Karrimat or air-bed.

On residential tasks, breakfasts, lunches and the evening meal are organised by a volunteer. Everyone helps to prepare the food. The fare is usually vegetarian and there is plenty of it. Food for a weekend usually works out at  $\pounds 8 - \pounds 10$  each. Pick-up is from St. Andrew Square at 7.30 p.m. on Friday, unless otherwise stated. If you want to go on a residential task, please book with the Transport Secretary. Normally, bookings will be accepted for weekend residential tasks up to the preceding Wednesday evening.

Before you come on any task with us, please make sure that your tetanus vaccination is up to date.

### **Monthly committee meetings**

Every second Tuesday of the month, we have a meeting at 16 Forth Street, off Broughton Street, at 7.30 p.m. We leave a notice near the door with a mobile number to call so we can let you in. You are welcome to join us while we discuss LCV business. We often go for a drink in a local pub afterwards.



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Puggled Mucker Spring 2011



#### Leading tasks and driving for LCV

We are always looking for new volunteers to lead tasks. There is a description of how to lead a task on the LCV website—look under 'how to'—and training courses are run from time to time. Normally an experienced leader would be around for backup for the first few tasks. If you might be interested in leading tasks for LCV, please get in touch with Simon our Leader/Driver organiser—contact details inside the back cover. Minibus drivers are also needed—if you are a relatively experienced driver, the first step is to get in touch with Willie our Minibus Officer—contact details inside the back cover. Our aim is that all LCV drivers will also receive MiDAS training, which involves theoretical and practical aspects of safe driving. We can also arrange D1 training for those who need it.

#### LCV clothing

Image Scotland is a company based in Musselburgh that supplies a good range of branded outdoor clothing. See www.imagescotland.com for their catalogue. They have a large green screen printed version of the LCV logo on their database that works well on anything from T-shirts to high visibility jackets, along with a smaller multicoloured embroidery version that is better for fleeces, hats etc. Phone Mark Herron our Membership Secretary—contact details in the *Contact Us* section of the LCV website—if you would like to purchase a garment branded with the LCV logo for your outdoor activities.

#### Paper copy Puggled Mucker subscriptions

If you would like to receive a paper copy of the quarterly *Puggled Mucker* newsletter the cost to cover printing and postage is £4 per year. Please send a cheque payable to 'Lothians Conservation Volunteers' to Mark Herron—contact details in the *Contact Us* section of the LCV website.—and let him know if your contact details change.

#### **LLCV Online**

Don't forget that you can check the task and social programme online at www.lcv.org.uk. The website is a mine of useful information for leading tasks,

working the kettle and catering for large groups on residentials.

#### Keep up with LCV news

Join our Yahoo! online discussion group, where we publish LCV news, discussions about LCV activities and social events. To subscribe contactDavid Nutter, LCV Webmaster—contact details in the *Contact Us* section of the LCV website.



## **Social Events**

For all events it is better to book beforehand by emailing either Alexandra or Emma, social convenors—contact details in the *Contact Us* section of the LCV website—this way you can be updated if there is a change in arrangements. But, if you are not sure what you're doing until the last minute, for most events it is possible to just turn up. Updates on social events are sometimes circulated on



LCV News our online newsgroup, see above for details.

#### Wed 27 April

#### Filmhouse Cinema Evening

Meet in the bar of the Filmhouse cinema, Lothian Road for a drink at 7 p.m. Emma will post information on the LCV newsgroup to let everyone know the-film we intend to see. Please buy your own tickets for this event.

Puggled Mucker Spring 2011

#### Fri 6 May

## Things that go bump in the night. Countryside Ranger Event

Enjoy an evening stroll round Easter Craiglockhart Hill and meet the creatures of the night. Learn about bats, not long out of hibernation, hunting for food as they fly by. Please book your own place on this event early.

Time: 8.30 p.m. – 10 p.m.

Cost: Free

Booking: essential: 0131 447 7145

Bring a torch; wear sturdy footwear and warm clothes. Grade: moderate. Let Emma know that you have booked a place. Meeting point TBC.



#### Tues 7 June

#### Hermitage of Braid Evening Walk

Join us for a walk through Hermitage of Braid and over Blackford Hill. Meet at 6.30 p.m. outside The Morningside Glory pub on Comiston Road. The walk should last about 1.5 hours. Let Emma know that you are coming along.

#### Mon II July

#### LCV Pub Quiz at The Cumberland Bar

Come along and join the LCV pub quiz team. It is free to enter and the quiz starts at 8.30 p.m. We will meet in the bar at 7.45 p.m. It would be helpful if you could let Emma know in advance if you wish to attend but you can also turn up and join us on the night



#### **Easter Inch Moss**

As we are only just back from the spring residential there has been no time to write our report from Taynish for this Mucker, so instead Louisa Martin has provided a description of LCV's experiences at one of the new sites we've visited recently—Easter Inch Moss—Ed.

Along with the adjacent Seafield Law, Easter Inch Moss is West Lothian's only designated Local Nature Reserve. Seafield Law is a remodelled oil shale bing and landfill site. It's easy to imagine that forty years ago Addiewell Bing must have looked something like this. Easter Inch Moss was historically used for peat cutting but, happily for the local wildlife, this ceased in the 1960s.

Lowland peat bogs are now rare environments as so many have been drained and oil shale bings are only found in West Lothian which makes them important as unique habitats in the UK.

Overall 141 species of plant have been recorded in the reserve including a range of species found in wildflower meadows and there are lots of reed buntings, lesser red polls and willow warblers. Many butterflies, moths and damselflies have been spotted, including the rare pearl-bordered fritillary, and great crested newts live in some of the ponds.

The pearl-bordered fritillary was the focus of our efforts this time.

In truth our first view of the site was not promising. It was raining and the fore-cast threatened continuous rain for the day. Parking for the site is behind a small industrial area and is just as attractive as such areas generally are.

However, the rain stopped and a short walk, and an interesting wade through a flooded drain—four inches of water over six inches of mud with character—brought us out into the moss proper. Due to the flooded drain very few of the site's regular visitors venture this far and so the birds, bugs and bulrushes have it to themselves.

This is the haunt of the pearl-bordered fritillary. These butterflies mainly live in clearings in deciduous woodland that provide the right conditions and food sources. They form discrete colonies in isolated pockets and will die out if their habitat becomes overgrown and there are no suitable sites to flutter off to nearby.

Willow has been taking root in the open areas in the moss and while it was still quite young it was already threatening to take over the butterfly habitat. Armed with loppers, bowsaws and wellies thirteen LCVers paddled into the swamp and



The pearl-bordered fritillary. Photo courtesy of Clive Walton.

set about the willow. Despite occasional distant laments on the theme of 'there's a hole in these wellies,' or 'aargh! That was too deep and now my foot is all wet' it was clear by lunchtime that we were making excellent progress and by mid afternoon we'd moved on to the section of the moss that they were hoping to clear next year. We were also trying to limit the amount of clumping about we were doing all over the moss so as to avoid treading on too many of the larvae who hibernate over the winter, generally in dried leaves. This proved easier to describe than to apply in practice but hopefully there weren't many dried leaves left in the flooded areas we were working in anyway!

Creaky spines and failing light put a stop to our activities at half past four but fingers crossed that, come June, a new generation of pearl-bordered fritillaries will be taking advantage of this year's bumper crop of meadow flowers.

Louisa Martin

And thanks Louisa for writing this article and Clive Walton for the photo—Ed.

#### Mark Herron's Guinness Fruit Cake

Thanks to Mark Herron —LCV's membership secretary and baker of delicious cakes—for this great recipe—Ed.

#### Notes:

This cake requires 'maturing' by wrapping tightly in greaseproof paper and foil for at least a week before it is ripe for eating. For an extra kick replace normal Guinness with Nigerian Guinness foreign export stout. Should feed twelve.

#### Ingredients:

250g seedless raisins
250g sultanas
125g prunes
330ml bottle of Guiness stout
200g unsalted butter
200g soft light brown sugar
I tablespoon black treacle
3 large free-range eggs
200g sieved plain flour
65g ground almonds
quarter freshly grated whole nutmeg—or a teaspoon of powdered nutmeg.
I teaspoon ground cinnamon
125g orange marmalade
75g chopped walnuts

#### Method:

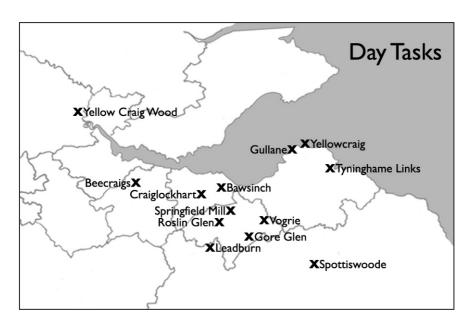
- I Put the raisins, sultanas and prunes in a large bowl and pour over most of the bottle of Guinness—300 ml. Cover and leave to soak overnight.
- **2** Grease and line the base and sides of a 23 cm round cake tin with double thickness greaseproof paper that stands about 5 cm above the rim of the tin.
- **3** Beat together the butter and sugar in a large bowl until fluffy. Add the treacle, eggs, flour, ground almonds, and spices and beat until well combined. Add the marmalade and walnuts to the soaked fruit and stir all into the cake mixture which should be quite stiff to hold the fruit and nuts in place, they should NOT sink to the bottom. Tip into the prepared tin and smooth the top.
- 4 Bake in a preheated oven, 180C/350F—Gas Mark 4, for 30 minutes. Then reduce the temperature to 160C/325F—Gas Mark 3 and cover lightly with double thickness geaseproof paper and bake for a further 90 minutes.
- **5** Leave to cool in tin. Meanwhile make holes all over the cake surface with a

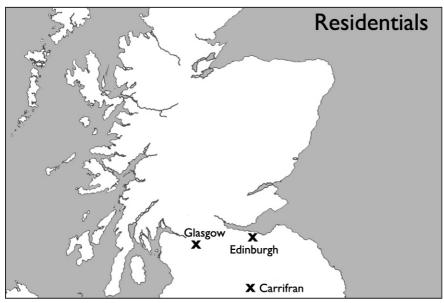
skewer and pour over the remaining Guinness. When cold remove from tin and carefully strip paper. Wrap first in fresh greaseproof paper and then tightly in foil. Mature for at least a week.

If you are willing to share your vegetarian culinary secrets send a recipe—for ten—to me—contact details on contact us page of LCV website—and we'll pull one out of the pot for the next Mucker—Ed.



## **Task locations**





## **LCV** People

You will find contact details in the *Contact Us* section of the LCV website for the following LCV people:

Louisa Martin	Co-ordinator
David Monaghan	Treasurer
Matt McCabe	Task Organiser
Debbie Tribak	Transport Secretary
Mark Herron	Membership Secretary
Simon Bonsall	Leader/Driver Organiser
Martin Brownjohn	Publicity
Alexandra Costello Emma Brown	Social Organisers
Tony Irving	Tree Nursery
David Nutter	Fundraiser and Webmaster
William McSporran	Minibus Officer
Peter Gilbert	Training Organiser
Ken Humphreys	Toolshed
Nicola Murray	Newsletter Editor

# Conservation Tasks



March	Sun 20	Spottiswoode	Tree planting
	SAT 26	Addiewell Bing	Tree planting
	Sun 27	Leadburn	Tree planting/clearing
April	SAT 2	Yellow Craig Wood	Pathwork
	Sun 3	Tyninghame Links	Heath management
	Sun 10	Yellow Craig Wood	Tree planting
	15 – 17	Carrifran Residential	Tree planting
	Sun 24	Bawsinch	Pathwork/composter building
May	Sun I	Beecraigs Country Park	Path construction
	SAT 7	Springfield Mill	Path construction
	Sun 8	Springfield Mill	Path construction
	Sun 15	Bawsinch	Tree weeding/Himalayan balsam ctrl.
	Sun 22	Beecraigs Country Park	Path construction
	Sun 29	Gullane	Pirri-pirri bur control
June	Sun 5	Yellowcraig	Pirri-pirri bur control
	SAT II	Vogrie Country Park	Drainage work
	Sun 12	Easter Craiglockart Hill	Meadow raking
	Sun 19	Roslin Glen	Pathwork/tree thinning
	SAT 25	Gore Glen	Step construction
	Sun 26	Beecraigs Country Park	Path construction

### **Other Events**

April	Tues 12	7.30 p.m.	Monthly committee meeting
	Wed 27	7.00 p.m.	Cinema night
May	Fri 6	8.30 - 10.00 p.m.	Guided walk at Easter Craiglockart
	Tues 10	7.30 p.m.	Committee meeting: AGM
June	Tues 7	6.30 p.m.	Hermitage of Braid evening walk
	Tues 14	7.30 p.m.	Monthly committee meeting
luly	Mon II	7.45 p.m.	Pub Ouiz at The Cumberland